# **Get Started with Football**

With The Prince's Trust in partnership with Aston Villa FC

## Information for agencies and referrers

#### What is it?

Get Started is a new programme from The Prince's Trust. The programme aim is to engage those furthest from the job market and motivate them to take the first step to increase their confidence, skills and employability and overcome barriers.

The programme uses the theme of football to inspire young people to take the first step to increase their confidence, skills and employability and as a vehicle for personal development and goal-setting. Through working with local partners, it provides an opportunity for young people who are unable, unwilling or lack the confidence to take part in a longer personal development programme, or may be unable to access such opportunities locally.

#### Get Started with Football with Aston Villa FC

- $\rightarrow$  Is a free five-day programme starting on 20<sup>st</sup> October 2014 for one week
- → Taster Session 15th October 2014
- → Following the programme, participants will be able to access 3 months progression support from experienced Prince's Trust staff to help access work, education, training, volunteering or another Prince's Trust programme
- → During the programme, participants will have the opportunity to achieve an FA Coaching level 1 qualification
- → Participants will work with professional coaching staff from Aston Villa FC to develop their coaching, teamwork and communication skills
- $\rightarrow$  Participant's reasonable travel expenses will be reimbursed

#### Who is eligible?

- → NEET young people aged 16-25. The Prince's Trust focuses our efforts on four main priority groups:
  - o Unemployed Young People
  - Young people underachieving in education
  - Young people leaving care
  - Young offenders and ex-offenders

### How do I make a referral to the programme?

- → By email: Christine.sutcliffe@princes-trust.org.uk
- → By phone: 07904912365 or 0121 772 9230
- $\rightarrow$  Eligible young people can also self-refer

### What is the recruitment process?

→ Following referral, candidates will be invited to attend an informal chat to discuss the programme in more detail, so that both the candidate and the Trust can decide whether the programme is suitable.

# **Further information?**

- → Please contact The Prince's Trust on 0121 772 9230
- → Or Christine on 07904912365
- → Email: <u>Christine.sutcliffe@princes-trust.org.uk</u>

Please note places are limited – if you have a referral to make, please do so as soon as possible.







